The Vape Debate

IS IT A SAFER ALTERNATIVE TO CIGARETTES OR JUST AS DANGEROUS?
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5X Mondays
10X Tuesdays
Our 1603rd issue 11.14.19

You are being discharged from the Army today — from your Army. It is your Army because your skill, patriotism, labor, courage, and devotion have been some of the factors which make it great. You have been a member of the finest military team in history. You have accomplished miracles and battle and supply. Your country is proud of you and you have every right to be proud of yourselves.

You have seen, in the lands where you worked and fought and where many of your comrades died, what happens when the people of a nation lose interest in their government. You have seen what happens when a nation accepts hate and intolerance …

That's the beginning of a letter written in 1945 by General Jonathan Wainwright, a Medal of Honor winner and survivor of the Bataan Death March during World War II. He was also present on the USS Missouri when Japan signed the letter of surrender. Wainwright sent the letter to the soldiers he commanded as they were being discharged at the end of the war. It was circulating on social media — as everything must, these days — on Monday, Veterans Day.

At 6:30 Tuesday morning, I watched out my kitchen window as my stepson headed downtown to his job. He was bundled up like a Siberian. That's because he works in homeless outreach, driving a golf cart around, dispensing coffee, checking on the needs of folks living on the street. It was 19 degrees, windy, and snowing. I suspect Roman handed out some coffee to a shivering veteran or two.

We are all determined that what happened in Europe and in Asia must not happen to our country. Back in civilian life you will find that your generation will be called upon to guide our country's destiny. Opportunity for leadership is yours. The responsibility is yours. The nation which depended on your courage and stamina to protect it from its enemies now expects you as individuals to claim your right to leadership, a right which you earned honorably and which is well deserved …

On Monday, a few dozen veterans gathered to celebrate the holiday in a nondescript building called “the Bunker” in Tijuana, Mexico. They were former US servicemen, including some combat veterans, who had been deported from the United States after their service to this country. Most of them were separated from their families, hoping to return to the US after their mostly ignored applications for re-entry are resolved.

Choose your leaders wisely — that is the way to keep ours the country for which you fought. Make sure that those leaders are determined to maintain peace throughout the world. You know what war is. You know that we must not lose sight of the fact that the United States is at war with terrorism. Make sure that those leaders are determined to keep ours the country for which you fought. Make sure that those leaders are determined to keep ours the country for which you fought.

On Monday, many people I know posted pictures of their fathers, husbands, wives, and other family members who had served this country in uniform. And that's a good thing, honoring those who've put their lives on the line to help preserve this fragile, troubled democracy.

On Monday, our national leaders gave the usual speeches filled with hoary cliches about honoring those who served. But all too often there are exclusions, based on politics, self-interest, and self-aggrandizement. We need to honor all our veterans, including POWs who “were captured,” veterans who testify under oath before Congress, veterans who are immigrants, veterans of all faiths, veterans who were wrongly deported, veterans living in an alley in Downtown Memphis.

Start being a leader as soon as you put on your civilian clothes. If you see intolerance and hate, speak out against them. Make your individual voices heard, not for selfish things, but for honor and decency among men, for the rights of all people.

Accept that trust and challenge which it carries. I know that the people of America are counting on you. I know that you will not let them down. Goodbye to each and every one of you and to each and every one of you, good luck!

Nearly 75 years later, General Wainwright's words still ring true. They are well worth remembering the next time you hear someone say “thank you for your service.” The country could certainly use some of that “honor and decency among men” he mentioned. And some of that good luck.

Bruce VanWygarden
btracev@memphisflyer.com
THAT RAINBOW, THO!
Memphis phone cameras pointed up last week as a storm painted a rainbow — a crazy-photogenic rainbow — on a partly cloudy sky.

The Woman Yelling at a Cat meme landed hard in Memphis last week, too.

PETERS FOUND DEAD IN PRISON
Cannabis advocate and local provocateur Thorne Peters died at the Shelby County Division of Corrections facility at Shelby Farms last week, according to county officials.

He was arrested in 2015 on charges of selling cannabis and for possessing a firearm during the crime and was booked into prison in 2018. Officials said Peters was discovered unresponsive in his cell by corrections staff. He was housed in an individual cell, according to corrections officials, and had no cellmates.

SURPLUS FUNDS
Shelby County should be the spending focus for the state’s massive $571 million surplus of unused federal funds aimed to help low-income families, according to Beacon Center of Tennessee. Shelby County should be the spending focus for the state’s massive $571 million surplus of unused federal funds aimed to help low-income families, according to Beacon Center of Tennessee. The group found in a report that Tennessee spends only a fraction of the federal funds it gets to fund Temporary Aid to Needy Families (TANF) programs here. Memphis Rep. Steve Cohen demanded answers from Tennessee Governor Bill Lee Wednesday on the state’s $571 million surplus of federal funds for needy families.

Lee said in budget hearings Monday that his office is working on a plan to use more of the funding.

STRICKLAND ON CONSENT DECREE
Memphis Mayor Jim Strickland said the 1978 consent decree prohibiting police surveillance could limit the police department’s ability to fight crime.

His stance on the topic came after a public forum of the court-appointed team tasked with monitoring the Memphis Police Department’s (MPD) adherence to the decree. Some of the nearly 100 attendees said Strickland was attempting to “intimidate the public” on the issue through his emails about the decree.

In “setting the record straight” in his weekly email after the forum, Strickland laid out three scenarios in which the decree would hinder the police department.

CHANGING CLERB
The Memphis City Council wants to remove the citizens from the Citizen’s Law Enforcement Review Board (CLERB) with an overhaul that would make the group the Council Law Enforcement Review Board. Councilmen Kemp Conrad and Worth Morgan are leading the charge to replace the board’s current nine members with the 13 city council members and no citizens.

The move would make CLERB more affordable, Morgan said, citing the near $1 million that has been budgeted for the board over the past four years. He said the purpose of CLERB is more safely placed in the hands of the city council.

RISING RATES?
Memphis Light, Gas and Water (MLGW) presented its proposal for rate hikes in all three divisions over a three-year period to the council last week.

The plan calls for increasing electric rates by 4.2 percent in July 2020 and then 1.5 percent in both 2021 and 2022. Water would increase by 15 percent in July 2020, 7 percent in 2021, and 5 percent in 2022. Gas would only see a one-time hike of 2 percent in 2022.

This would add about $14 to customer’s bills each month, according to the utility. A vote on the hikes is slated for November 19th.

Visit the News Blog at memphisflyer.com for fuller versions of these stories and more local news.
Multiple Myeloma, Non-Hodgkin Lymphoma, Chronic Lymphocytic Leukemia, Acute Lymphocytic Leukemia

Researchers are developing therapies that could program a person’s own white blood cells to target and destroy these types of cancer.

If you have been diagnosed with one of these types of cancer, your blood cells may be useful to help with the development of new ways of treating the disease in the future.

The researchers would use your blood cells only for research and they would not be used to create a therapy for you.

Financial compensation is provided.

Call 901.252.3434
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‘Nearly Swerved’ { Q&A With Jenny Slaver

Catching up with the ‘Overton Park Billboard Girl’

You know Jenny Slaver, even if you don’t know her name. She stands behind a canvas painted with two vases and a colorful bouquet of red flowers. Her no-nonsense, plaid button-up is rolled to the elbows. Paint spatters her jeans.

For nearly 15 years, Jenny Slaver — 19 at the time — has looked from the Memphis College of Art (MCA) billboard at Sam Cooper and East Parkway. When we caught up with her last week, she said she wanted Memphians to know one thing about that billboard — Tobias Sells.

Memphis Flyer: Did you know MCA was going to put you on a billboard?
Jenny Slaver: One day I was working on an oil painting in the studio at MCA, and a photographer walked by and snapped one photo.

Soon after, I was told nonchalantly by administration that there was a photo of me being added to some MCA promotional material. I didn’t think much of that either ... until a few weeks later when I was driving down Sam Cooper and nearly swerved. The school did not officially inform me nor compensate me for the image.

Memphis Flyer: What was the response to it at the time?
Jenny Slaver: It was odd having my own face on the promotional material, slightly embarrassing, but it made for a good story.

There was definitely a dark side to this, mainly some unwanted attention from men in public places. I was approached many times in public and at school, “Hey, aren’t you the Overton Park billboard girl?” Which was fine until several male students frequently began questioning, “Did you even paint that? It looks totally staged. I bet that is someone else’s art,” and so on ...

I was surrounded with support from many amazing fellow students of all genders who did not question my abilities based on my gender. It’s just a shame when a handful of creeps try to get to you. Every woman has felt this in some way, sadly.

Memphis Flyer: You said you were surprised to know it was still up.
Jenny Slaver: I’m surprised it’s been up this long! I’ve been immortalized as a 19-year-old! Yes, it’s totally weird, but I’m honored to be a tiny part of Overton Park history. Plus side, that billboard reminds old friends to call me every now and then.

Memphis Flyer: What are you up to now?
Jenny Slaver: I’m spending time in Cabbagetown in Atlanta, Georgia, learning to weld metal sculpture. I travel a lot these days, but currently I live and work in sunny southern California.

I am a painter, educator, and illustrator. I am working on a new series of botanical oil paintings, and I am just finishing up my fourth book (illustrator, not the author) about a day in the life of a little girl living in South Sudan.

Memphis Flyer: Anything you want to tell the many thousands of Memphians who see/have seen you every day?
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Partisan Contests on Tap
Democrats gear up for new challenges in suburbs.

Now that the “nonpartisan” city election is over and done with — as presumably it will be after two runoff elections for Memphis City Council seats, in District 1 (incumbent Sherman Greer vs. Rhonda Logan) and District 7 (incumbent Berlin Boyd vs. Michalyn Easter-Thomas), are completed this week — it is high time for local Republicans and Democrats to resume their more or less nonstop competition for influence in public affairs.

Not that this rivalry really ceased for the city election. Although no candidate in the city general election was listed on the ballot under a party label, there were numerous races that were understood to be cases in which the two parties vied against each other.

One such was the race for Position 1 in Super District 9, between public school teacher Erika Sugarmon, a Democrat supported by Democrats, and developer Chase Carlisle, whose Republican sponsorship was equally obvious. There is a certain overlap between the white/black dichotomy and the partisan one, inasmuch as Shelby County’s whites, by and large, gravitate to the GOP, while African Americans constitute the vital core of the Democratic Party.

That fact makes the neck-and-neck race between Sugarmon and ultimate winner Carlisle all the more revealing. That contest was decided by a mere 531 votes out of 46,311 cast. Given the fact that Super District 9, roughly the eastern half of Memphis, is predominantly white, the obvious message is that of a potential racial and political parity there.

Underscoring the point is the legal matter of the bogus ballots — sample ballots could have confused Democratic voters and accounted for the difference in the Sugarmon-Carlisle contest. (Interestingly, Special Judge William B. Acree of Jackson, who issued the restraining order on October 3rd, has scheduled a hearing in Memphis on Wednesday of this week — one day before the runoffs in District 1 and District 7 — to determine the future legality of pay-to-play ballots.)

In any case, next year, local voters will see overtly partisan contests — for legislative seats, one U.S. Senate seat, and presidential preference primaries. The last time the two parties took on each other directly, there was a much-vaunted “blue wave” nationally that favored Democrats. It didn’t help the party’s statewide candidates: Democrats Phil Bredesen and Karl Dean lost to Republicans Marsha Blackburn and Bill Lee for U.S. senator and governor, respectively. And while Democrats held their own in Memphis and came unexpectedly close in several suburban legislative contests, they failed to unseat Republican incumbents.

Next year, local voters will see overtly partisan contests for legislative seats, one U.S. Senate seat, and presidential preference primaries.

One exception was Democratic State Representative Dwayne Thompson, who was an upset winner in 2016 of the suburban District 96 seat and was re-elected in 2018. Party cadres expect Thompson to prevail again, as they made clear in a strategy session held on Tuesday night of last week in the Great Hall of Germantown and billed under the title, “How Liberal Are You? Winning in 2020 by Unifying the Left, the Far Left, and the Radical Left.”

Three seats in the state House of Representatives received special attention — Thompson’s in District 96 and those in two adjoining districts now held by Republicans. At least one Democrat, Jerri Green, has declared herself as an opponent of GOP incumbent Mark White in District 83. And Allan Creasy, who got 45 percent of the vote in District 97 last year, will try again for that seat, which is being vacated by Republican incumbent Jim Coley. Another possible Democratic contender for the District 97 seat is rumored to be Gabby Salinas, who gave Republican State Senator Brian Kelsey a close race in his 2018 re-election bid.

It would surprise no one to see tight races again.
Councilmen Kemp Conrad and Worth Morgan are attempting to disband the Civilian Law Enforcement Review Board (CLERB) in favor of a City Council Law Enforcement Review Board. CLERB, which existed in the 1990s and was revamped around 2014, has struggled to be what it was intended to be, due to Police Director Michael Rallings refusing to accept any of its recommendations.

On May 10, 2018, CLERB unanimously agreed to send a letter to Mayor Jim Strickland and the Memphis City Council, making suggestions on how the board could be more effective.

Unfortunately, Director Rallings chose to try to render the board ineffective by rejecting all of its recommendations, which were to implement one of the following: 1) The police director should be reasonable and at least meet the board in the middle on its decisions (compromise); 2) a new police director who would work with the CLERB; 3) a new ordinance that would give CLERB binding decision-making power; or 4) an amendment to the current ordinance, which gives appellate power to the mayor over the police director’s decisions.

If any of the four CLERB suggestions had been accepted by the council and/or Mayor Strickland, CLERB would have been able to function the way it was intended. But it was not to be.

The police-involved shooting incident in Raleigh last summer is a prime example of why CLERB is so important. We do not want to be the next Ferguson. While gated neighborhoods in Memphis may not appreciate the importance of CLERB, lower-income and impoverished areas of Memphis understand the trust issue that exists between the police and some of our city’s residents. CLERB was intended to be the group that gives citizens a fair hearing, and, if implemented properly, it would help our community build trust between civilians and the local police.

Without CLERB, we are solely dependent on MPD Internal Affairs to investigate complaints by civilians about police. MPD Internal Affairs is itself a conflict of interest; self-regulation does not work. In stead of taking advice from CLERB’s 2018 letter, the mayor has taken no action to address the issue. And now, certain council members are attempting to eliminate any type of review board after passage of the initial transforming legislation. As mayor, Strickland has preferred to avoid the issue, and he has not done anything to address any problems identified by the board.

The first and second suggestions from CLERB can only be carried out by the mayor and through his influence. He appoints the police director, and the police director answers to him. Though Strickland was excellent at balancing Midtown and East Memphis concerns as a councilman, he seems to go a lot more with his East Memphis constituency as mayor. Hopefully, he will cater less to his donor base during his current term since he will be term-limited in 2023.

One interesting point from local activist Paul Garner: Does the city council really want to have the responsibilities of CLERB? Politically, it could be dangerous, as they will be judged by supporters of both sides of any issue the council publicly makes decisions about regarding complaints against MPD.

Garner saw silver linings in the passage of the council-led review board ordinance: 1) When a case’s facts are clearly in the citizen complainant’s favor, will Rallings continue to ignore decisions when they come from the council? 2) If the council actually exercises its subpoena power to require officers to testify, will they show up? (Officers have ignored requests to do so by CLERB.) 3) Inasmuch as these meetings would be required to be public, does the city council want the additional media coverage created by the council’s openly hearing complaints against MPD?

One major consequence of passing CLERB on to the city council could be that its members would be tempted to eliminate any type of review board after passage of the initial transforming legislation. Another concern is that documents that should be made public would be deemed “confidential” by the council.

There are a lot of negatives in switching CLERB to a council-led board, but could there be a truckload of silver linings to follow? I hope we do not have to find out.

I hope the current council will think this approach through and allow the newly elected council to make the final decision. Lame ducks should not be voting on the proposed ordinance.

And Mayor Strickland, please reconsider the suggestions from the 2018 letter from CLERB. Lawyer/activist John Marek, a recent candidate for the Memphis City Council, was a charter member of CLERB and instrumental in its creation.
GIVE THE GIFT OF ADVENTURE

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Tiffany Everett began smoking cigarettes when she was 14 years old. She smoked for “well over 22 years.” Eventually, she says, “I got to the point where I knew it wasn’t good. I tried to quit a lot of ways, but I just couldn’t.” Then she tried vaping. She says within two days she was done with cigarettes and hasn’t picked one up since.

Despite the recent rise in vaping-related illnesses across the country and the growing concern over the safety of vaping products, Everett continues to consider vapes a life-saving technology: “I confidently believe in vaping because I know how I feel and how my health has been.”

THE DATA

The latest data from the Centers for Disease Control and Prevention (CDC) cites a total of 2,051 e-cigarette, or vaping, product-use-associated lung injuries (EVALI) cases in 49 states, Washington, D.C., and a U.S. territory, resulting in 39 deaths.

In Tennessee, there have been 64 reported cases of vaping-related illnesses and two deaths, according to the latest reports from the Tennessee Department of Health. Five of the 58 cases, including one death, have been in West Tennessee.

Last week, for the first time since the start of the outbreak, CDC officials announced a potential breakthrough in their investigation of EVALI, reporting that tests have revealed the chemical compound likely responsible is Vitamin E acetate. The findings are the result of testing lung tissue from 29 patients across 10 states. Vitamin E acetate was present in all of the samples.

“These new findings are significant,” says Anne Schuchat, a physician who is the CDC’s principal deputy director. “For the first time, we have detected a potential toxin of concern.”

The CDC has not ruled out the possibility that other chemicals could be contributing to EVALI. As the investigation continues, the agency advises the public that the only way to “assure that you are not at risk” is “refraining from use of all e-cigarette and vaping products.” It specifically advises staying away from vapes containing THC — particularly those bought illicitly.

THE INDUSTRY

Ryan Bruce, district manager of Create A Cig, says most people in the vaping community have known Vitamin E acetate was a likely contributor to the outbreak of illnesses for months now.

“I understand the CDC had to make sure 100 percent that’s what it is,” he says. “People might have a short memory, but things they see in the news have a lasting impression. I’m worried a lot of consumers won’t see that final resolution saying the CDC says it’s a chemical that’s not in any regulated device.”

Bruce says Create A Cig, does its best to educate customers on the reality of vaping. “My employees never say vaping is safe for you. We tell the truth. It’s 95 percent less harmful for you [than cigarettes].” From lemon meringue pie to tropical...
Vaping changed Everett's life and also the lives of her family, especially her mom, who she says was "deep in the grip of cigarettes." "My mom was a two-pack-a-day smoker," she says. "She was even diagnosed with COPD [chronic obstructive pulmonary disease] about two years before I started vaping. She was hospitalized multiple times. Her doctor told her she would die sooner rather than later if she didn't stop smoking because she was just that sick."

Everett says her mom tried "literally everything," including hypnosis, to stop smoking. Then Everett suggested vaping to her mom, and, in a day, she was also done with cigarettes. "She hasn't been hospitalized a day since." Everett's decision to vape sparked change for her dad, sister, and brother as well, who have all traded in cigarettes for vaping.

"I saw how easy it was for me to put down cigarettes and how vaping changed their lives," Everett says. "We're all living a much healthier lifestyle, and really it changed our family's legacy. And that's just one family's story."

Everett says she's likely helped about 100 people stop smoking cigarettes through vaping. "I just felt so passionate about it. I had to get the word out and help others find out about this technology.

That passion led Everett to join three others in starting the Tennessee Smoke Free Association (TSFA) in 2014. Everett is the West Tennessee regional director of the group, which advocates for Tobacco Harm Reduction (THR) through the use of personal vapes. The group seeks to prevent tobacco harm through advocacy, education, and lobbying for legislation supporting vaping on the state and federal level. TSFA representatives recently traveled to Washington, D.C., to meet with elected officials. Everett says this year they "had their work cut out for them," as the trip was soon after Trump's announcement of a potential ban on flavored e-liquid.

Like Bruce, Everett doesn't want to see flavors go away. Those who support the ban say the move is meant to keep e-cigs out of minors' hands. Everett doesn't believe flavored liquids are specifically targeted for adolescents. "All people like flavors," she says. "I mean, I drink caramel and peppermint vodka. Let's be real. If you had the choice between nasty tobacco and strawberry, which one are you going to choose?"

Of the e-liquid sales at the 80 vape stores associated with TSFA across the state, only two percent of sales are menthol and tobacco flavor, Everett says. "So that says people are buying flavors." Everett says from the start of the outbreak, the public has been "grossly misinformed," adding, "The media and health officials have created this hysteria around vaping, which we know has led to several deaths and thousands of illnesses. But we know — and the CDC has said — the overwhelming majority of these were due to black market, unregulated THC vape cartridges cut with whatever they can to drive the prices down."

As a result of misinformation, Everett says people are turning from vapes, "a life-saving technology," back to cigarettes. "People are buying into it, and I think a lot more people are going to go back to smoking because of it, and that's a tragedy."

As a registered nurse, Everett says she is "personally ashamed, upset, and aggravated" with health officials who "from the second or third case on, knew exactly what was going on."

STREET VAPES

The CDC closes in on the likely culprit of the EVALI outbreak; the agency warns against using vapes containing THC, especially those sold informally on the street, as they could be cut with Vitamin E acetate or other unknown chemicals. The agency said these vapes are linked to most of the reported cases, and findings show they "play a major role in the outbreak."

The Flyer spoke to a local man who sells illicit vapes. The dealer spoke on the condition of anonymity.

Among other THC products, he sells vape cartridges containing THC that he believes come from California. He's sold about 100 this year, he says. They sell for about $50. The most common brand he sells is Dank Vapes, an unregulated brand whose products were found to contain contaminants. Investigators in Illinois and Wisconsin recently found that 66 percent of patients with vape-related lung injuries in the two states reported using Dank Vapes products. The investigators' findings were published by the CDC. They concluded that "Dank Vapes appears to be the most prominent in a class of largely counterfeit brands, with common packaging that is easily available online and that is used by distributors to market THC-containing cartridges."

The dealer says he can't be 100 percent sure that the cartridges he's selling are pure and without additives: "It's just trust." But, if one of his customers does get sick, he says he'd close up shop.

Last week, CDC officials announced a potential breakthrough in their investigation of EVALI.

"They could come back and get their money, and I'd stop selling cartridges — point blank, period," he says. "I don't sell poison to my community. That's why I sell what I sell, and there's some stuff I don't mess with."

Local and state law enforcement agencies said the following about the presence of illegal vapes in the community:

TBI: "This is not something we're seeing on a regular basis in West
Tennessee. There have been very limited reports of these types of cartridges being sold, but we can’t speak to any specifics.”

Memphis Police Department: “We are not seeing this issue in our community.”

Shelby County Sheriff’s Office: The office did not respond to multiple inquiries.

**NOT ENOUGH**

Lee Berkenstock, a family physician and Memphis’ regional board member for the Tennessee Medical Association (TMA) would like to see more than just illicit vapes made unavailable. Berkenstock says the group’s reservations with vaping are not new.

“This is not a new issue at all,” he says.

“We’ve realized the health implications from the beginning.”

TMA specifically takes issue with flavored e-cig liquids, which Berkenstock maintains are targeted at adolescents. The group wants the governor to take emergency action to get these removed from the market in Tennessee.

The TMA, along with a group of other Tennessee health-care professionals, sent a letter to Governor Bill Lee in September, urging him and the Tennessee General Assembly to “take a firm stance on this important public health issue by implementing an emergency temporary measure to restrict Tennessee youth from obtaining vaping products and encouraging the General Assembly to take more permanent legislative action when it convenes in 2020.”

Berkenstock says adolescents’ lungs are not fully developed until they are 21 to 25 years old, and excessive vape use before then could increase the chance of serious lung damage.

“Nobody under the age of 18 should be smoking these things,” Berkenstock says. “The only reason to flavor these things as popcorn, gum, or cotton candy is to attract a younger audience.”

Despite the push from TMA and other groups, Lee’s office is not preparing to take action: “This news is tragic, and we continue to face many unknowns about the root cause of vaping-related illnesses,” Laine Arnold, the governor’s press secretary, said in an email to the Flyer. “We are working closely with the Department of Health to monitor this situation.”

Berkenstock questions how many more cases there must be in Tennessee before the governor’s office decides to take action. “I respectfully ask the governor to reconsider his comments on that,” He says the governor is being “inconsistent, at the very least” in his stand on vaping, noting that he’s made declarations against vaping in the past.

“The research he wants is not going to happen unless the citizenry of Tennessee suffer in order to provide it,” Berkenstock says. “I don’t think that’s the way we want to study this problem. We know the ill effects of nicotine, and we know the concentration is way higher in vapes. Why do we think that vaping is going to be better than cigarettes?”

A ban on flavored e-liquid is a “good start,” Berkenstock says, “but it may not be enough. It’s too late to disinvest vaping,” he says, “but one thing we can do as a responsible society is get the most harmful things off of the market.

“We ought to discontinue all vaping products,” Berkenstock adds. “Is that radical? Well, it might seem radical now, but in the 1970s, if you said we’re going to ban smoking in hospitals, they would have thought that was extraordinarily radical. So it may take time, but the effort is worthwhile.”

**LONG-TERM**

Catherine Sanders, a pulmonology physician at Le Bonheur Children’s Hospital, says because vaping is relatively new, there isn’t a lot of research that shows its long-term effects.

“We know that vaping can cause acute illnesses like we’ve seen, but we don’t know much about the long-term effects of vaping yet,” Sanders says. “It’s important for the public to know that there’s so much the medical and science communities don’t yet know about it. That’s scary. You really take a gamble if you continue to vape.”

At this point, Sanders says it’s hard to definitively say if vaping is more dangerous than smoking cigarettes. “It’s important to know that vaping is not a safe alternative to smoking, which it has been considered before,” Sanders says. “It’s not this great way to quit smoking or a better way to start. It could be just as harmful, and young people especially need to know that.”

Sanders says there hasn’t been much research on vaping until the last couple of years. “It’s just starting to pop up,” she says. “There’s a big need for research now. I think we need to learn more about these products so we can educate the public on the potential consequences.”

Ultimately, she says, smoking anything, especially something you don’t know the ingredients of, can have long-term effects on the lungs. “If you inhale anything into your lungs, you’re changing the cells of your lungs and your airways,” Sanders says. “So there are always potentially adverse effects from that.”

There are only four ingredients that go into legal, FDA-regulated vapes.
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**FAB FRIDAYS**

**FRIDAY NIGHT**

**NOVEMBER 15**

**LASER LIGHT SHOWS**

*AT THE AUTOZONE DOME PLANETARIUM*

- 7 PM
- **ELECTRO-POP**
  Top Hits from the 2010s
- **METALLICA**
  9 PM
- **PINK FLOYD**
  *Dark Side of The Moon*

**MARQUEE MOVIE**

**ON THE CTI GIANT SCREEN**

SHOWING AT 7 PM

<Wonder Woman>

Museum closes at 5pm.
reopens at 6pm.
901.636.2367  PINK PALACE
WWW.MEMPHISMUSEUMS.ORG
3050 CENTRAL AVE / MEMPHIS, TN 38111

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**ENTERTAINMENT AT GOLD STRIKE**

**TERRY FATOR:**

*A VERY TERRY CHRISTMAS*

Friday, November 22 • 9 P.M.
Millennium Theatre

**ENGELBERT HUMPERDINCK**

Friday, January 17 • 9 P.M.
Millennium Theatre

ROOM PACKAGES AVAILABLE.
GET TICKETS AT 1.888.747.7711 OR GOLDSRIKE.COM.

**PB&J THE MOMANDPOP SHOW**

SATURDAY

NOV 23
8 PM

**ROBERT EARL KEEN**

COUNTDOWN TO CHRISTMAS

SATURDAY

DEC 28
8PM

**VISUAL ARTS EXHIBIT**

INTERWOVEN
ANGIE COOPER

NOV 1 - DEC 2

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**DUNCAN-WILLIAMS PERFORMANCE HALL**

**AMERICAN MUSIC SERIES**

**BÉLA FLECK & THE FLECKTONES**

SATURDAY

NOV 23
8 PM

**ROBERT EARL KEEN**

COUNTDOWN TO CHRISTMAS

SATURDAY

DEC 28
8PM

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**GOLD STRIKE**

*AN MGM RESORT*

“No one under five years old. Tickets based on availability. Ticket prices include tax and service charge. Schedule subject to change. Anyone under 21 must be accompanied by a legal adult at all times. ©2019 MGM Resorts International®. All rights reserved. Gambling problem? Call 1.800.522.4700.

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steppin’ out

We Recommend: Culture, News + Reviews

Red Hot Mess  By Julia Baker

Meddlesome Brewing Company has collaborated with Old Dominick Distillery to make something special: bourbon barrel-aged beers.

“Alex Castle, head distiller of Old Dominick, is a friend of ours, and it just made sense,” says Richie EsQuivel, co-owner of Meddlesome. “It’s like, ‘You’ve got bourbon barrels. Let’s put beer in those.’”

EsQuivel and his team decided to try aging five different beers in the used bourbon barrels for nine months to a year.

“When it gets cold or when it gets hot, the wood expands and contracts,” says EsQuivel. “And when it has liquid in it, it draws the liquid in and then pushes the liquid back out. So, by aging a beer in the wood, a whole bunch of processes go down. Not only are you getting flavors from the wood character of the oak barrel, you’re also getting flavors from the bourbon that was in it before.”

Thus, five unique, locally made bourbon barrel-aged beers were born: Heavy Meddle (wee heavy [Scottish ale]), Full of Sin (imperial stout), Red Hot Mess (imperial red ale), All the Cookies (imperial oatmeal raisin cookie ale), and Devil’s Water (dark strong).

Each Saturday in November, they’re releasing them one at a time as the brewery’s first series of packaged (and giftable) beers.

This week, they’re releasing Red Hot Mess, inspired by Old Dominick’s Memphis Toddy, made with cinnamon sticks and Red Hots candies. And at 10 percent ABV, each two-pack of beer is perfect for sharing.

“You can drink one by yourself, but you might be a red hot mess when you’re done,” EsQuivel jokes.

MONTH OF MADNESS, MEDITEDOSOME BREWING COMPANY, 7750 B TRINITY, SUITE 114, CORDOVA, SATURDAY, NOVEMBER 16TH, NOON until sold out, $15/BOTTLE, LIMIT OF TWO BOTTLES PER CUSTOMER, CANNOT BE CONSUMED ON PREMISES.
Slice of 'Za
By Julia Baker

Za Fest celebrates its fifth anniversary this Saturday, November 16th, taking over the new Black Lodge location.

"The festival started out as a small kind of DIY," says Blair Davis, founder and organizer of Za Fest. "And it still is DIY essentially, and that was its core, just for the community purposes and having other people assist. But we kind of raised our little baby, and now it's 5 years old, and the masses are hungry. They want pizza."

Za Fest, dubbed Memphis' largest pizza party, will offer an assorted menu of pizza from local eateries like Memphis Pizza Cafe, Garibaldi's, and Midtown Crossing. Beyond presenting a broad 'za menu, the festival boasts a diverse lineup that includes electronic music producer DJ Chandler Blingg, singer-songwriter Louise Page, hip-hop artist Coldway, and more.

"Ideally, these smaller communities of pocketed musicians can come together and see that there are cool things in the other pocket," says Davis. "I think musicians and music, especially, are fairly universal. And the more that we can embrace that the better."

This year, Za Fest has partnered with Merge Memphis, a faith-based nonprofit dedicated to feeding hungry, less fortunate people, by donating food boxes to families and stocking free food pantries throughout the city. Guests are encouraged to bring canned food items in exchange for raffle tickets or simply make a dollar donation.

"When you're a starving artist, you may not know what it's like to be a literal starving person," says Davis.

ZA FEST, BLACK LODGE, 405 N. CLEVELAND, SATURDAY, NOVEMBER 16TH, 3 P.M.-2 A.M., $10/PRESALE, $15/DOOR.

SATURDAY November 16

The Purging
Shangri-La Records, 1916 Madison, noon-6 p.m.
The store purges, you binge. Stock up on LPs, CDs, and 45s during the 20 percent off sale. Plus a lineup of (free) live music throughout the day, featuring Superlow, Freeloader, the Downsprouts, and Silver Synthetic.

From Where I Stand:
Stories from Home
Halloran Centre, 225 S. Main, 3-4 p.m.
Free theatrical storytelling performance, in partnership with the Refugee Empowerment Program, explores youth stories of “home” from their point of view.

Home Alone
Pink Palace CTI Giant Theater, 3050 Central, 3-5 p.m., $8-$10
"Guys, I’m eating junk and watching rubbish! You better come out and stop me!" Bratty 8-year-old Kevin McCallister sleeps in and is accidentally left home alone and has to fend off wily burglars. Aah!

Showgirls & Suds
Wiseacre Brewing Co., 2783 Broad, 10:30 p.m., $15 (standing, general admission)/$25 (seat and one beer)
An enchanting night of burlesque and beer-drinking, starring Foul Play Cabaret, Lady Doo Moi, Luna Zul, Meka La Creme, Lady Problems, and Frankie La Femme. Ooh la la!

TUESDAY November 19

Third Eye Blind
The Orpheum Theatre, 203 S. Main, 8 p.m., $24.75 and up
I want something else to get me through this semi-charmed kind of life. Perhaps seeing this chart-topping band perform such hits as "How's It Going to Be" and "Jumper" will do the trick. Step back from that ledge, my friend, and get to the Orpheum.

Peelander-Z
Hi Tone, 412 N. Cleveland, 9 p.m., $10/advance, $12/door
Looking to spice up a Tuesday night? Check out this self-proclaimed “Japanese Action Comic Punk band hailing from the Z area of Planet Peelander.”
THANKSGIVING DAY
HOLIDAY DINNER
THURSDAY, NOVEMBER 28

Enjoy a traditional holiday dinner with all the fixings!
Only $17.99

EPIC BUFFET
at Hollywood Casino Tunica

Katt’s Kitchen
at 1st Jackpot Casino

HOLIDAY PIE SALES

Assorted pies available only $8
at Silo Eatery and Celebrity Grill
November 15-28

LAST week, Memphis lost its most famous unknown blues legend, hippie folk singer, Zeke Johnson. To many who saw Zeke perform at clubs and coffeehouses around town, and to the young musicians he tutored in blues and folk music, he embodied all things Memphis. Looking timelessly old, but with the eyes of a teenager, he had a photographic memory, a mischievous sense of humor, and the refined manners of a Southern gentleman.

Born in 1943 in Mississippi, his family moved to Midtown Memphis when he was 11 years old. After a brief time at Ole Miss, Zeke enrolled in then-Memphis State University, leading to a storied teaching career. From 1971 to 2008, he taught English, theater, history, and humanities at Bishop Byrne High School, Lincoln Junior High School, East and Colonial High Schools, and Lausanne Collegiate School. He was married to the love of his life, Mary Donovan Long Johnson, for 41 years, until her death in 2012.

As a child, Zeke sang in the church choir. But his musical life really ignited when he saw Elvis play in 1956, and even more so in 1963, when “Professor” Jim Dickinson turned him on to the blues. In 1965, he heard great Memphis blues legend Furry Lewis perform at the Bitter Lemon as the opening act for folk singer Henry Moore. As Zeke once recalled, “I had no idea who Furry was, but the minute I heard him play ‘John Henry’ I said, ‘I got to know how to do that.’” During a break in the set, Zeke asked Furry to strum the chords a few times so he could secure the progression in his memory. Upon returning home, he immediately retuned his guitar to Vestapol (open D) tuning and began to duplicate what he had heard.

By 1974, Zeke was performing as one of Furry Lewis’ regular second guitarists. He was also Furry’s devoted pupil.

Throughout the 1960s and 1970s, Zeke was part of a group of young white artists and intellectuals, including musicians Jim Dickinson, Lee Baker, Sid Selvidge, and Jimmy Crosthwait, who fiercely opposed racism and celebrated the blues. During this time, he played with Booker “Bukka” White, Fred McDowell, John Estes, and Jesse Mae Hemphill. Though his participation in the local music scene had waned somewhat through the years, his musical life was revived in 2010 when his longtime friend Mary Burns offered to give him a monthly gig at Java Cabana. Burns, the owner of Java Cabana, also passed away recently.

Zeke then became a regular performer at Earnestine and Hazel’s, The Cove, and many more venues around the Mid-South. He also headed the Blues Legends Birthday Series at the Center for Southern Folklore, a monthly celebration of his favorite blues musicians. And he became an avid user of social media with an international following, posting more than 170 video blogs featuring the history and anecdotes of Mississippi Delta and Memphis roots music.

In the last years of his life, he lived with all his heart, writing and recording at least 70 original songs, as well as several tribute albums, including his album, Me and Furry and Them. Since 2014, he recorded and performed with many Memphians, young and old. His playing was crazy and powerful, sounding like a three-piece band, a manic stride piano, and a slide guitar all in one.

Zeke loved all the attention he received in his final role as troubadour sage. As he introduced every song with a story, he would often declare that if his late wife Donovan were there, she would be telling him to shut up and sing. He captivated and intrigued his audiences with a voice that was loud and deep and beautifully clear. As one local player, Kyle A. Carmon, says, “Zeke’s personality was so huge, it really seemed to me like he was gonna live forever.”

The First Congregational Church of Memphis will host a memorial for Zeke Johnson on Saturday, November 23rd, 1:30-4 p.m.
Main Street Trolley Line Service Alert: Detours and Closures Effective November 14-March 2

Due to construction on the Memphis Convention Center, service will be impacted on the Main Street Trolley rail line from November 14-March 2.

For more details, visit matatransit.com and click on the News tab to learn more.

Your Power, Your Voice.

Learn how MLGW is planning to ensure reliable electricity and low rates by reviewing alternatives. Get your questions answered and voice concerns about the future of MLGW’s power supply.

Siemens is an industry expert and MLGW’s consultant for evaluating power supply options.

Integrated Resource Plan (IRP) Community Engagement Meeting

Thursday, November 21
6 – 7:30 p.m.
Southwest Community College
1234 Finley Rd., Multi-purpose Room
Memphis, TN 38116

Light refreshments will be served.

Dan West Garden Center
Experts on everything that grows green in the Mid-South
4763 Poplar Ave • 901.767.6743
After Dark: Live Music Schedule November 14 - 20

{ BEALE STREET }

Alfred’s
197 BEALE 525-3771
Gary Hardy & Memphis 2
Thursdays-Saturdays, 8-9 p.m.;
Karaoke Thursdays, Tuesdays-Wednesdays, 9 p.m. - 1 a.m.
and Sundays-Mondays, 10 p.m. - 2 a.m.; Mandi Thomas Fridays, Saturdays, 6-9 p.m.;
The 901 Heavy Hitters Fridays, Saturdays, 10 p.m. - 2 a.m.; Flying Ryan Fridays, Saturdays, 2:30 a.m.;
Memphis Jazz Orchestra Sundays, 6-9 p.m.;
B.B. King’s Blues Club
143 BEALE 624-KING
The King Bees Thursdays, 5 p.m.; B.B. King’s All Stars Tuesdays, Thursdays, 8 p.m. and Fridays, Saturdays, 9 p.m.;
Lisa G and Flic’s Pic’s Band Saturdays, Sundays, 12:30 p.m.

Blue Note Bar & Grill
341 BEALE 577-8387
Queen Anne and the Memphis Blues Masters Fridays, Saturdays, 8 p.m. - midnight.

Blue City Cafe
138 BEALE 526-3637
Sean Apple Thursdays, 4:30-7 p.m.; Blind Mississippi Morris Fridays, Saturdays, 5-9 p.m.; Eskimo Brothers Nov. 15-16, 9-30 p.m.; Earl “The Pearl” Banks Tuesdays, 7 p.m. and Saturdays, 12:30-4:30
Brandon Cunning Band Sundays, 5-9 p.m.; FreeWorld Sundays, 9:30 p.m. - 1:30 a.m.;
Landon Lane with Rodney Polk Mondays, 7-11 p.m.; Brad Birdseedah Band Wednesdays, 7 p.m.

King Jerry Lawler’s Hall of Fame Bar & Grille
139 BEALE
Lunch on Beale with Chris Gales Wednesdays-Sundays, 12-4 p.m.; Eric Hughes solo/ acoustic Thursdays, 5-8 p.m.;
Karaoke Mondays-Thursdays, Sundays, 8 p.m.; Live Bands Fridays, Saturdays, 8 p.m.

King’s Palace Cafe
162 BEALE 271-1851
David Bowen Thursdays, 5-9:30 p.m.; Fridays, Saturdays, 8 p.m. - midnight; Delta Project Fridays, Saturdays, 8 p.m. - midnight.

King’s Palace Cafe Patio
162 BEALE 271-1851
Sonny Mack Mondays-Fridays, 2-6 p.m.; Cowboy Neil Mondays, Tuesdays, Thursdays, 7 p.m. - midnight; Sundays, 7-11 p.m.


{ DOWNTOWN }

Center for Southern Folklore Hall
119 S. MAIN AT PEMBROKE SQUARE 525-3655
Elmo & the Shades Saturday, Nov. 16, 7-10 p.m.

Huey’s Downtown
77 S. SECOND 527-2700
The Natchez Brothers Sunday, Nov. 17, 8:30 p.m. - midnight; The Heart Memphis Band Sunday, Nov. 17, 8:30 p.m. - midnight.

The Orpheum
203 S. MAIN 525-3000
Third Eye Blind Tuesday, Nov. 19, 8 p.m.
Alison's Alcove
Consignment & Antique Marketplace
Est 1984 Re-Born 2019
4792 Navy Rd.
Millington, TN
901-317-9137
Holiday Open House
1 Day Only Saturday Nov 16th 10 am - 7 pm
20% Off All Items!!
Food!!
Door Prizes Every Half Hour!!
The Halcyon Centre
From Where I Stand: Stories From Home, this theatrical storytelling performance, in partnership with the Refugee Empowerment Program, explores questions about home. Sat., Nov. 16, 3 p.m.; and Mon., Nov. 18, 7 p.m. 225 S. MAIN (929-3000).

Playhouse on the Square
Peter Pan, life will never be the same for Michael, John, and Wendy Darlington after Peter Pan visits their nursery window offering to take them to the magical world of Neverland. They meet the Lost Boys, fairy Tinkerbell, Princess Tiger Lily, and Captain Hook. playhouseonthesquare.org. Nov. 15-Dec. 29.

Theatre Memphis
Batiste! The Musical, talented 8-year-old Tina declares her showbiz ambition. Enter Sylvia St. Croix, an overbear- ing, sleazy talent agent with a secret, who encourages her to audition for the school play. Tina "accidently" haunts her mother, who finds her own voice and soars to stardom. Through Nov. 23. 630 PERSONS EXT. (882-8323).

University of Memphis, Department of Theatre
& Dance
Emma, in this modern adapta- tion of Jane Austen’s classic novel, Emma is a graduate student at Highbury College in Connecticut. She sets out to set up her new friend Harry with a dazzling a cappella star, but her plans go awry. With a performance by the school’s new improv kids on the block — New Spillit Slam from 2019 Winners and runner-ups from 2019 Spillit Grand Slam. B&G Holiday Improv Show, The Winchester Cemetery Tombs in Transit TOURS
Gallows and gardens will be open late. Free with admission. Every third Thursday, 6-9 p.m. THE DIXON GALLERY & GARDENS, 4339 PARK (761-5250), DIXON.ORG.

University of Memphis, Department of Theatre
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Emma, in this modern adaptation of Jane Austen’s classic novel, Emma is a graduate student at Highbury College in Connecticut. She sets out to set up her new friend Harry with a dazzling a cappella star, but her plans go awry. memphis.edu/theatre. S. MAIN (929-1515).

New Ballet’s Nut ReMix
Modern reimagining of Tchaikovsky’s Nutcracker, set on Beale Street and starring “Spider” Alexander and more than 200 performers alongside the Memphis Symphony Orchestra. $20-$45. Fri., Nov. 15, 7 p.m.; Sat., Nov. 16, 5:30 p.m.; and Sun., Nov. 17, 2:50 p.m. CANNON CENTER FOR THE PERFORMING ARTS, 255 N. MAIN (929-1515).

Peter Pan at Playhouse on the Square, showing Friday, November 15th, through Sunday, December 29th
DANCE
Moscow Ballet’s Great Russian Nutcracker
The Halloran Centre
From Where I Stand: Stories From Home, this theatrical storytelling performance, in partnership with the Refugee Empowerment Program, explores questions about home. Sat., Nov. 16, 3 p.m.; and Mon., Nov. 18, 7 p.m. 225 S. MAIN (929-3000).


Christian Brothers University Theater

American Sign Language Interpreter will be available with advance notice.

Theatre South
The Winchester Cemetery Tombs in Transit TOURS
B&G Holiday Improv Show, with stuffing and bradling and families afflicting to pieces, B&G offers up a cornucopia of comedy. With a performance by new improv kids on the block. — Carl Montague Revue. $10. Fri., Nov. 15, 8-10 p.m. INSIDE FIRST CONGREGATIONAL CHURCH OF MEMPHIS, 100 S. COOPER (726-0800).

Playboy on the Square
P&H Cafe
You Look Like It, a monthly show-case of spit, battle of bitchery, and competition of “Oh, hell no!” Watch the quickest wits and competition of “Oh, hell no!” Watch the quickest wits and

The UWMC presented a free screening of the documentary American Son, which chronicles the life of the American son,Rita and Joe, who was shot and killed by a police officer. The film will be shown on Saturday, November 16th at 7 p.m. in the UWMC’s Greenway Center for the Performing Arts. The event is free and open to the public.

The Winchester Cemetery Tombs in Transit TOURS
Sunday, December 29th

CANNON CENTER FOR THE PERFORMING ARTS, 2000 MAIN ST. $23-$70. Mon., Nov. 18, 7 p.m. CASTING DEMONSTRATION. Every third Thursday, 9-11 p.m.

CANNON CENTER FOR THE PERFORMING ARTS
Nut ReMix
Modern reimagining of Tchaikovsky’s Nutcracker, set on Beale Street and starring “Spider” Alexander and more than 200 performers alongside the Memphis Symphony Orchestra. $20-$45. Fri., Nov. 15, 7 p.m.; Sat., Nov. 16, 5:30 p.m.; and Sun., Nov. 17, 2:30 p.m. CANNON CENTER FOR THE PERFORMING ARTS, 255 N. MAIN (929-1515).

United States Postal Service
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3-COURSE & SPECIAL DINNERS
$20.19

2-FOR-1 & SPECIAL LUNCHES
$10.19

NOVEMBER 11-17
60 DOWNTOWN RESTAURANTS PARTICIPATING!
View participating restaurants, menus, parking discounts and more at
DOWNTOWNMEMPHIS.COM/DOWNTOWN-DINING-WEEK

25% OFF!
Hurry! Limited time offer.

CROSSTOWN ARTS
CROSSTOWN ARTHOUSE presents
MY 20TH CENTURY
and ANACRONTE
$5 | 7:30pm - 9:30pm
Crosstown Theater

BIG BLANK SKETCHBOOK:
Long Stitch Bookbinding Workshop
Crosstown Arts Shared Art Making
6:00pm - 9:00pm
$35 — includes materials to prepare and finish two blank books

HOPS FOR HOMES:
Night at the Brewery
Crosstown Brewing Co.
5:00pm - 8:00pm
$25

Big Blank Sketchbook Workshop
Hurry! Limited time offer.

United Housing, a nonprofit providing quality housing opportunities to Mid-South residents, is hosting its annual fundraising event presented by Regions.

Spillit Grand Slam
7:00pm - 10:00pm
Crosstown Theater
$20

Mighty Souls Brass Band
$10 | 7:30pm - 9:30pm
The Green Room at Crosstown Arts

It’s a music that swings, that soars, that swoons — all of which is suggested by that profound, that humble, that most human of words: “Soul.”

More This Week At Crosstown Arts:
• RESIDENT ARTIST TALK
11/14/19 | 6pm - 8pm | FREE
• Folk All Y’All presents AN EVENING WITH VIOLET BELL
11/15/19 | 7:30pm - 9:30pm | $20

The Crosstown Arthouse Film Series is proud to present ANACRONTE, the work of animator, writer and director Yashira Jordan. Yashira was an inaugural participant in the Crosstown Arts Residency program. ANACRONTE will be followed by My 20th Century, a fairy-tale-like, unconventional ironic film luminare by Ildikó Enyedi.

Mighty Souls Brass Band
$10 | 7:30pm - 9:30pm
The Green Room at Crosstown Arts

It’s a music that swings, that soars, that swoons — all of which is suggested by that profound, that humble, that most human of words: “Soul.”

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CROSSTOWN CONCOURSE

11.14
BIG BLANK SKETCHBOOK:
Long Stitch Bookbinding Workshop
Crosstown Arts Shared Art Making
6:00pm - 9:00pm
$35 — includes materials to prepare and finish two blank books

11.14
HOPS FOR HOMES:
Night at the Brewery
Crosstown Brewing Co.
5:00pm - 8:00pm
$25

11.15
Spillit Grand Slam
7:00pm - 10:00pm
Crosstown Theater
$20

Winners and runner-ups from each Spillit Slam from 2019 take the stage at Crosstown Theater to share their six minute homecoming stories and compete for the title of 2019 Spillit Grand Master Storyteller of Memphis.

SPONSORS

SPONSORS
operational. When Winchester closed, many of the people who were buried there were relocated to Elmwood Cemetery.

\[ \text{S}20. \text{Sat., Nov. 16, 1-2:30 p.m.} \]
\[ \text{ELMWOOD CEMETERY, 824 S. DUDLEY (774-3212), ELMWOODCEMETERY.ORG.} \]

Yellow Fever Rock & Roll Ghost Tour
See what used to be, Memphis-style, with Mike McCarthy. Call to schedule a personal tour. Ongoing. (486-6325).

EXPOS/SALES
Holiday Entrepreneur Extravaganza
Family-friendly expo showcasing a variety of small businesses. Sat., Nov. 16, 11 a.m.-5 p.m. OAK GROVE BAPTIST CHURCH, 7209 HWY 64 (308-4680).

FESTIVALS
Peace and Justice Art Festival
Holiday market with beer and hot tea, local artists’ works, and a donation booth equipped with a silent auction for donations to the Mid-South Peace & Justice Center Sat., Nov. 16, 1-7 p.m. WISEACRE BREWERY, 2783 BROAD (500-7001).

SPORTS / FITNESS
Jingle Bell Run
Holiday fun-run to raise funds festively for the Arthritis Foundation Tennessee. Sat., Nov. 16, 8:30 a.m. - noon. OVERTON SQUARE, 2101 MADISON.

Memphis Grizzlies vs. Denver Nuggets
$35-$150. Sun., Nov. 17, 7 p.m. FEDEXFORUM, 191 BEALE.

Memphis Grizzlies vs. Golden State Warriors
$15-$333. Tues., Nov. 19, 7 p.m. FEDEXFORUM, 191 BEALE.

Memphis Grizzlies vs. Utah Jazz
$8-$150. Fri., Nov. 15, 7 p.m. FEDEXFORUM, 191 BEALE.

Memphis Tigers vs. Alcorn State Braves
Sat., Nov. 16, 1 p.m. FEDEXFORUM, 191 BEALE.

Puppy Love
CMOM is celebrating all things puppies with multiple dog shows, a playful clinic complete with a professional veterinarian and stuffed puppy patients, puppy adoption day, storytime with therapy dogs, puppy-themed crafts, temporary puppy tattoos, and plenty of puppy love to go around. $3 members/$20 nonmembers (includes museum admission). Sat., Nov. 16, 10 a.m.-2 p.m. CHILDREN’S MUSEUM OF MEMPHIS, 2525 CENTRAL (320-3170).

FUND-RAISERS
Hops for Homes: Night at the Brewery
United Housing is hosting its annual fund-raising event presented by Regions to raise money to improve housing in the Mid-South. Ticket includes sliders with all the fixings from Farm Burger, one beer or one glass of wine, and a Hops for Homes koozie. $25-$30. Thurs., Nov. 14, 5-8 p.m. CROSSTOWN BREWING CO., 1264 CONCOURSE.

A Silver Celebration
A celebration of 25 years of the Community Legal Center working to ensure justice for those in need. With a seated dinner by Chef Kelly English’s Iris featuring the sounds of the Mighty Souls Brass Band. $100. Sat., Nov. 16, 1-7 p.m. CROSSTOWN THEATER, 1350 CONCOURSE.

SPECIAL EVENTS
Family Feud Live: Celebrity Edition
Join celebrity team captains Tom Arnold and Pauly Shore and guest host Rubin Ervin, better known as the voice of Family Feud, live for a night of fun, laughs, and winning. $30. Fri, Nov. 15, 8 p.m. HORSESHOE CASINO TUNICA, 1021 CASINO CENTER, TUNICA, MS (800-357-5600).

W. C. Handy Heritage Awards
Celebrating W. C. Handy’s 146th birthday, the black-tie extravaganza honoring “Authentic Beale Street Musicians” will be co-hosted by Toni Green, “International Queen of the Blues” and TV and radio personality, Leon Griffin. Noted jazz singer Joyce Cobb will receive the Lifetime Music Achievement Award. $50. Sun., Nov. 17, 5:30 p.m. HOLIDAY INN MEMPHIS AIRPORT CONFERENCE CENTER, 2240 DEMOCRAT (332-1130).

"Paintings by Carl Scott” at WKNO Studio, featuring Cello Lessons, on view through Tuesday, November 26th

continued from page 20

continued on page 24
SEPTEMBER 3 – DECEMBER 29
Play all season for your chance to win a share of $150,000 in total winnings.

PICK YOUR WINNING TEAMS
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Select your free football pick EVERY WEEK throughout the season.

EARN UP TO 5 ADDITIONAL PICKS
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$5,000 WEEKLY PRIZE BLITZ
The Top 10 guests with the most correct picks each week will receive free play prizes, with a top prize of $2,500. Weekly winners will be posted at the Caesars Rewards Center each Wednesday at 12pm. Winners must redeem between 12pm Wednesdays – 11:59pm Sundays.

$65,000 SUPER BOWL FINALE
The top 10 guests with the most correct picks made at the end of the regular season will receive their share of $65,000 in prizes, with a top prize of two tickets to the Super Bowl and $20,000 in CASH. Finale winners will be posted at the Caesars Rewards Center Wednesday, January 1, at 12pm. Winners must redeem between 2pm Wednesday, January 1 – 11:59pm Sunday, January 5.

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12PM FRI, NOV. 15

vs. lakers
7PM MON, NOV. 18

vs. red claws
7PM MON, NOV. 25
HOLIDAY EVENTS

Fall Mulch Giveaway:
East Memphis
The City of Memphis Solid Waste Division is giving away free mulch in commemoration of America Recycles Day. Free. Sat., Nov. 16, 7 a.m.-4 p.m., and Sun., Nov. 17, 7 a.m.-4 p.m. SHEL BY FARM S, 530 N. PINE LAKE (767-4621).

Veterans Day Frenchie
Join War Horses for Heroes at Lichterman Nature Center for food, drinks, games, live music, and a silent auction. $30-35. Sun., Nov. 17, 1-4 p.m. LICHTERMAN NATURE CENTER, 5992 QUINCE (767-7323). WARRIORSFORHEROES.ORG.

FOOD & DRINK EVENTS

Month of Madness Bottle Release
Old Dominick Distillery and Meddlesome Brewing Company teamed up to create five new release each Saturday in November. Saturdays, 12-10 p.m. Through Nov. 30. MEDDLESOME BREWING COMPANY, 7750 TRINITY (767-2147).

Veterans Day Tasting
Join War Horses for Heroes at Lichterman Nature Center for a special bourbon tasting. Free. Sat., Nov. 16, 8 a.m.-4 p.m. LICHTERMAN NATURE CENTER, 5992 QUINCE (767-7323). WARRIORSFORHEROES.ORG.

Crosstown Arthouse Film Series: The Third Wife
In 19th century Vietnam, 14-year-old May becomes the third wife of a wealthy silk-farming landowner. Forced to transform from girl to woman, she quickly learns that bearing a male child is her surest path to family status, but also discovers her own individuality. Vietnamese with English subtitles. Free. Tues., Nov. 19, 6:30 p.m. BENJAMIN L. HOOKS CENTRAL LIBRARY, 3030 POPLAR (415-2700).

Wonder Woman
Raised on a sheltered island paradise, Diana of the Amazons meets an American pilot who tells her about the massive conflict that’s raging in the outside world. Convinced that she can stop the threat, Diana leaves her home for the first time. Fridays, 7-9:45 p.m. THROUGH Nov. 30. CTI 3D GIANT THEATER, IN THE MEMPHIS PINK PALACE MUSEUM, 3050 CENTRAL (636-2382).

I Read That Movie at the Library: Snow Falling on Cedars

Film

Apollo 11: First Steps Edition
Film celebrating the 50th anniversary of the Apollo 11 moon landing. Check CTI Theater schedule for show times and ticket prices. Ongoing. CTI 3D GIANT THEATER, IN THE MEMPHIS PINK PALACE MUSEUM, 3050 CENTRAL (636-2382). MEMPHISMUSEUMS.ORG.

Ford vs. Ferrari
Based on the incredible true story of an American racing car company that challenges the dominant European classics of the time. From hurricanes, earthquakes and avalanches, canine rescuers use their incredible super senses to locate and rescue victims of disasters. Free. Wed., Nov. 20, 7-9:30 p.m. THIR D EYE BLIND, 640 N. CLEVELAND (901-278-8965).

Running on Empty
A female veteran with post-traumatic stress disorder returns home to her family. Free. Sat., Nov. 23, 7:30 p.m. CTI 3D GIANT THEATER, IN THE MEMPHIS PINK PALACE MUSEUM, 3050 CENTRAL (636-2382).

Wonders of the Solar System
Seasonal pop-up shop featuring photography, fine arts, and more. Sun., Nov. 17, 12-5 p.m. SHEL BY FARM S, 530 N. PINE LAKE (767-4621).

SNOWDEN SCHOOL, 1870 NORTH PKWY (416-4621).

Sixth annual holiday shopping event with crafts, jewelry, photography, fine arts, and more. Sun., Nov. 17, 12-5 p.m. 1350 CONCOURSE. CROSSTOWN THEATER, Thurs., Nov. 14, 7:30 p.m. and documentary features. $5.

A Wider Angle Film Series: The Third Wife
In 19th century Vietnam, 14-year-old May becomes the third wife of a wealthy silk-farming landowner. Forced to transform from girl to woman, she quickly learns that bearing a male child is her surest path to family status, but also discovers her own individuality. Vietnamese with English subtitles. Free. Tues., Nov. 19, 6:30 p.m. BENJAMIN L. HOOKS CENTRAL LIBRARY, 3030 POPLAR (415-2700).

Winter War Horses for Heroes
Join War Horses for Heroes at Shelby Farms Park for a Veterans Day Picnic. $20-$50. Sun., Nov. 17, 1-4 p.m. SH ELBY FARM S, 530 N. PINE LAKE (767-4621).

War Horses for Heroes

Superpower Dogs 3D
From hurricanes, earthquakes and avalanches, canine rescuers use their incredible super senses to locate and rescue victims of disasters. Various showtimes, check website for more details. Ongoing. CTI 3D GIANT THEATER, IN THE MEMPHIS PINK PALACE MUSEUM, 3050 CENTRAL (636-2382).

MicroCinema: 2019 Festival Shorts Award Winners
An encore screening of standout short film award winners from the 2019 Indie Memphis Film Festival, curated by senior programmer Brighid Wheeler. Tues., Nov. 19, 7-9 p.m. 430 GALLERY, 430 N. CLEVELAND (901-8030).

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Superpower Dogs 3D
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Home Alone
After the McCallisters leave for vacation without 8-year-old Kevin, he realizes that he alone must protect the family home. Saturdays, Sundays, 3 p.m. THROUGH Nov. 30. CTI 3D GIANT THEATER, IN THE MEMPHIS PINK PALACE MUSEUM, 3050 CENTRAL (636-2382).

HOLE IN THE WALL, 3875 MEMPHIS (946-2535).

Home Alone
After the McCallisters leave for vacation without 8-year-old Kevin, he realizes that he alone must protect the family home. Saturdays, Sundays, 3 p.m. THROUGH Nov. 30. CTI 3D GIANT THEATER, IN THE MEMPHIS PINK PALACE MUSEUM, 3050 CENTRAL (636-2382).

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Memphis has welcomed a handful of new spots to the Downtown area in recent weeks, and I took it upon myself to find the one with the dimmest light and richest jams.

The basement bar of 3rd & Court, known simply as The Lounge, opened a couple of weeks ago but held its official grand opening on November 7th. They were kind enough to invite some of us Memphis Flyer folks, marking my first time being on a list since dating guitarists.

Memphis has welcomed a handful of new spots to the Downtown area in recent weeks, and I took it upon myself to find the one with the dimmest light and richest jams.

The lounge was formerly home to Memphis Sounds before that bar moved to Mud Island. Those who went to Memphis Sounds will remember it as dark, smoky, and echoing with great tunes. Ryan Trimm, who opened The Lounge, hasn't changed much besides nixing the smoking. The carpet is new, the paint is fresh, but Memphis sounds, if not Memphis Sounds, still reign supreme in this underground space.

Like all of Trimm's places, there is booze to be had! The shelves are full of whiskeys and Scotches, and while the bar leans on mixology, it's not dependent upon it. For as many craft cocktails as they offer, there were plenty of folks ordering whiskey neat.

We tried three cocktails: the Esperanza, the Hi Fi Manhattan, and the Crosseyed and Painless, each $10. The Esperanza is made from gin, lemon, ginger beer, demerara, and fresh mint. The Hi Fi is rye whiskey and Punt e Mes. The Crosseyed, made with Jamaican rum and allspice dram, was a hit with everyone.

What caught my eye was the Grapefruit Collins, made with — get this — Squirt. You know Squirt! It's the old-school citrus soda that your grandmother used to keep in the garage refrigerator. Bartender Nick Lumpkin says he's not only a fan of it, but an admirer of it as a mixer. For you Squirters (snort laugh), Lumpkin says it’s available at the Kroger on Union.

As earlier reported, Trimm wanted a live DJ spinning vinyl in the space. The DJ booth is an extension of the bar, and DJ Capital A was on deck for the opening. I underestimated how much I'd enjoy seeing and hearing an actual DJ as opposed to listening to whatever lame-o playlist someone put together.

A couple hours after opening the doors, The MD's took the stage. Lumpkin mentioned that they'd be hosting more local acts onstage but that they wouldn't rule out the possibility of an out-of-town act in the future.

The dark atmosphere is, in a word, ideal. It was dark in a warm sense; people hustled around everywhere, and I felt cozy and anonymous (which was great, since I nearly gouged myself with the cinnamon stick in my drink, and no one bore witness to my humiliation). It was like if Alex's Tavern was wearing a bowtie, and no drunk assholes had access to the jukebox.

The Lounge has table service as well as bar service, but the bar was the popular option for the opening night crowd. It’s open from 5:30 p.m. until 1 a.m. on Thursday through Sunday, making it a bitchin’ post-work happy hour spot for later in the week.

Check your cares at the door, friends, because halfway through the evening, the fire alarm went off and not a soul stood up to leave the bar. What’s a fire when you’ve got drinks in front of you?

As the grand opening party raged on, more people poured downstairs to check out the spot. I'll by no means be the only person to write about The Lounge, as by the time I left, I was one of several columnists on hand for the festivities. But I'll say, as many others likely will, it's a cool place. The Memphis music, the darkness, the sway of the crowd, and the drinks all work wonderfully together in a way only a Memphis lounge can do, and this time without your drunk friend at the jukebox.

Visit The Lounge, downstairs in the 3rd & Court Diner at Hotel Indigo, 24 N. B.B. King.
New & Green

A look at new CBD products around Midtown.

The guy at World Famous Wizard’s pulls out a small bag of CBD flower from a tin and says, “Check this out.”

I immediately put the small bag of deep-green nuggets to my nose. The unmistakable and amazing smell cut through the store’s familiar incense. It was fresh, piney, and a little sweet, too.

I said, “Daaaanng.”

He said, “I know, right?”

It was Frosted Lime Hemp Flower ($40/5 grams). It’s an award-winning strain, the young man at Wizard’s says, grown by Veteran Grown Hemptopia near Clarksville in Middle Tennessee.

The Frosted Lime is one of a bunch of hemp flower products new to the shelves at Wizard’s. The store also has a ton of new varieties (including Cherry Blossom, Boax, and Secret Sauce) of TKO flower from Terp Nation ($35/7 grams) and from Remedy ($130/28 grams).

Wizard’s was one stop on a three-stop tour of Midtown shops last week to find the newest CBD stuff around town.

Down the street at Whatever, I found a selection of edibles that went way past infused gummies.

There were dark chocolate coffee beans from Monterey Medicinal with CB2 hemp oil ($20). Whatever had CBD-infused trail mix ($20) and jars of CBD dried pineapple ($25).

The store offers two CBD-infused soft drinks — cola and root beer flavors — from CBD Club. Each 12-ounce bottle offers 30 milligrams of CBD ($8 each). Whatever also offers several flavors of sugar-filled sticks (think Pixy Stix) from Organabus. Each stick carries about 100 milligrams of CBD, good enough for about three doses ($20 each).

Whatever has a variety of Heavenly Candy products, including caramel apple suckers (50 milligrams each), gummies, hard candies, and more.

There was only one thing I wanted to see on my trip to Ounce of Hope, and I found it. Earlier last week, the shop posted a photo of a pipe that, well, probably brings stoner-day memories back to most. It was a can.

At some point, you probably smoked from a 12-ounce aluminum can, MacGyvered by the person in your group who always carried a pocket knife and knew how to change a tire before they could drive.

The pipe at Ounce of Hope is just like that but luxe, an old-school can pipe made of smooth, white enamel. The top dent perfectly cradles CBD flower (or whatever “wink wink”) and is vented with precision-made holes. It even has a pre-made carb to boot. No knife necessary.

Know Your Rights

What do you do if you get pulled over? What do you do if the police show up to your house?

These questions and more will be answered this weekend during a Memphis NORML event called “Know Your Rights!”

“We have rights,” reads the event’s Facebook page. “Now, you need to know what they are!”

That information will be delivered by NORML Memphis experts: attorney Taurus Bailey, communications director and former Memphis Police Department Sgt. Mary Webb, and executive director Anna Butler.

“Since the 1969 court case of Frazier v. Currp, police can and will lie to you,” said Butler. “It is 100 percent their right to tell you anything they want to get a confession. Knowing your rights is imperative to keeping you out of jail! Because #NoOneShouldGoToJailForAPlant.”

The event takes place Sunday, November 17th, from 4 to 6 p.m., at Smooth Living Health Food Restaurant (1263 Winchester).
The Inner Light

Doctor Sleep is a fitting sequel to The Shining.

Stephen King famously hates The Shining. To be clear, he hates the 1980 Stanley Kubrick adaptation of his 1977 novel, despite the fact that it is widely considered to be one of the greatest movies ever made. I’ve never really understood why. I’ve read The Shining, and sure, it’s a lot different from the movie. But different things work onscreen than work in print. That’s just the way of the world. Both the film and the book work great for the medium they’re presented in.

Maybe that’s the gist of King’s distaste. Writing is such an intimate medium. A writer can literally make you hear voices in your head. I’m doing it right now. King’s book wasn’t just a Psycho-type horror potboiler, it was about his own struggles with alcoholism. Seeing it abstracted into the third person had to be uncomfortable, especially given Kubrick’s cold, analytical style.

In the sequel, Doctor Sleep, which King released in 2013, the writer explored the implications of the end of The Shining. Jack Torrance, the alcoholic writer driven murderously mad by the spirits of the Overlook Hotel, has frozen to death, leaving his wife Wendy and son Danny alone. They move to Florida, and Danny tries to come to terms with his psychic powers and PTSD. Thanks to the help of the ghost of the ill-fated Overlook Hotel employee Dick Halloran, Danny gets a handle on his shining. Not so much on the PTSD.

The film adaptation of Doctor Sleep is something unusual in the world of the Hollywood studio: an auteurist work. Mike Flanagan scores the remarkable triple bill of writer, director, and editor, something rarely seen outside the low-budget indie world. The older I get, the more skeptical I become of auteur theory, the notion that the director always puts his personal stamp on a picture. I think the interplay of talent on the production team is more important in the long run. But with Doctor Sleep, Flanagan makes a good argument, at least for the notion that he knows what he’s doing.

Kubrick’s work on The Shining was transformative, while Flanagan seems content to be translative to the text. And that’s okay. His visual style is attractive and well designed, but not flashy. King’s strengths in plotting really shine through. Every action is motivated and logical, even to a fault. Danny is played as a child by Roger Dale Floyd, who bears an uncanny resemblance to Danny Lloyd, Kubrick’s Danny, and then as an adult by Ewan McGregor, who brings a satisfying depth to the performance.

The film’s second act takes place in 2011, when Danny is taking after his alcoholic father, drifting from job to job, pounding shots and running lines on a weekend. When he is drawn to a small New Hampshire town that seems to be perpetually bathed in autumnal night, an act of kindness by Billy (Cliff Curtis) convinces him to go to AA and clean up. He takes up residence in the town, and gets a psychic pen pal, a tween girl named Abra. But the pair discover that they’re being stalked by a clan of psychic vampires called The True Knot, led by Rose the Hat (Rebecca Ferguson).

The funny thing about Doctor Sleep is that it is not so much a horror movie as a good, old-fashioned supernatural thriller. It’s more Dark Shadows than...
**FILM REVIEW** by Chris McCoy

continued from page 27

Halloween. It’s also pleasingly retro in its structure. Flanagan takes his time introducing all the players before they start bouncing off each other. Its three acts take place in three different time periods, but within the acts, there’s a lot of craziness.

King has always excelled at bringing supernatural-tinged horror down to Earth by setting the action in the most mundane of places. Hitchcock liked to set the climax of his films in recognizable landmarks, like Mount Rushmore and the Statue of Liberty. King puts a climactic set piece in a creepy little New England state park. He has a knack for finding the haunted spaces in our collective imaginations: lonely highways, abandoned factories, musty attics. Flanagan is at his best when his characters are digging up bodies in a dusty wilderness, lit by truck headlights.

*Doctor Sleep* is not an all-time classic, but it is a solid genre piece for horror fans that will hold up to repeat viewings. At 152 minutes, it’s long, but it doesn’t feel self-indulgent. Flanagan adds to King’s legacy and does no damage to Kubrick’s masterwork by not slavishly imitating it. Yes, during the climactic scene in the crumbling Overlook Hotel, he recreates the elevator blood-flood gag. But come on, given the opportunity, would you be able to resist such temptation?

*Doctor Sleep*
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The NCAA is Wrong

The University of Memphis is right to fight the arbitrary ruling on James Wiseman’s eligibility.

Jen Clarke

You knew it was bound to happen. Here in Memphis, we just can’t have nice things. Riding the high from a Tigers football victory over previously unbeaten SMU and an impressive debut on ESPN’s College GameDay straight into a new basketball season filled with high, yet totally reasonable expectations, things were looking up for the ole Blue and Gray.

Until Friday, when my ride Downtown to FedExForum was disrupted by news that the NCAA had once again changed its mind about something.

On one side, you have a mother who wanted to be close to both her kids. You have an NBA legend who came from nothing, happy to spend his “retirement” elevating youth the way he elevated himself. You have a boy — seven feet tall, but still a boy — born with a preternatural gift, who needed the protection of someone who has walked in those same huge sneakers.

On the other side, you have an institution willing to throw two generations of college sports superstars under the bus to prove — well, I’m not sure what the NCAA aims to prove with this, exactly. All over two acts of generosity: one to a university, another to a family.

Eleven years ago, Anfernee “Penny” Hardaway, who began his Memphis State career academically ineligible and finished it an All-American with an Elite Eight and the first triple-double in program history, who became a perennial NBA All-Star and the face of an iconic Nike line — donated $1 million to the University of Memphis. It was an incredible act of charity at a critical time for the university. As you may recall, 2008 was not a great year, economy-wise.

This largesse is the sort of thing the NCAA should be hailing as a success story. However, that donation, in their twisted view, “indefinitely” qualified Penny as a “booster” and therefore disqualified him from ever helping anyone again. When Penny signed that check, he had no idea he’d see his namesake building every day at work 10 years later.

James Wiseman was in elementary school. When Penny helped Wiseman’s family move to Memphis in 2017, Tubby Smith was coach of the Tigers. Sorry to say it, but, uh, nobody was boosting that operation.

By that logic, any season ticket holder should be barred from passing out candy on Halloween. Next time you’re stopped at a red light and see a kid in football pads asking for donations, tell him “Sorry, I’d love to give you my cupholder change, but I don’t want to jeopardize your college career.” No former student-athlete, then, can make a monetary donation to their alma mater without this excessive scrutiny. I’m no expert, but I remember learning something about a “chilling effect” in my constitutional law classes. How convenient for those who see the tide turning.

They are scared. They see what Penny is doing at Memphis: bringing NBA swagger to college in an environment that prepares players for what they really want to do. They see public opinion turning in favor of athletes’ rights. They see universities resisting their arbitrary enforcement. They see the changing faces on the sidelines. So they punish … the athletes?

They say their mission is to “support student-athletes on and off the field, in the classroom and in life” and they keep getting caught in a lie. If they supported Wiseman — who is completely innocent in all of this — they wouldn’t have “likely” rescinded his eligibility five months after they granted it. Instead, they waited until he had already played a game and couldn’t just go somewhere else. Because of their transfer policies and one-and-done rules, he has no choice but to fight. The NCAA cannot come out of this looking like the good guy.

As an alumna, and, you know, a compassionate human, I’m proud to see the U of M stand up and say “that’s not fair, and we’re not going to do that.” Play Wiseman in every game and take it all the way to the Supreme Court if it comes to that. Hang the 2008 banner, too, while we’re thinking about it. The rules may be the rules, but that doesn’t make them just.

Universities like the U of M that don’t have the blue-blood prestige, monster TV deals, and big-conference paychecks can’t afford to sit back and shrug while the capricious NCAA clings to relevance. Let them vacate the entire season if this is the hill they want to die on. We’ll be there for the whole show.

Jen Clarke is an unapologetic Memphian and a digital marketing specialist.
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